

The Promotional

Weigel Health Center Health Promotions

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Peer Educator Of the Month.



Congratulations to Veronica Ponce

“She is always so helpful.”
“She has great ideas”
“She helps keep us on task”

Did you know?



Monthly Facts

- ◇ Every year, at least one spring breaker dies from falling off a balcony.
- ◇ When going abroad for spring break, it’s easy to forget about foreign law. 2,600 Americans are arrested on spring break overseas each year.
- ◇ Every year in the U.S., roughly 5,000 people under the age of 21 die from an alcohol-related incident.

Campus Events & Office

Counseling Center
878-4436
Equity and Diversity
878-6210
Communications
878-4697
UPD/ RAD
878-6333
USG—Bengal Connect

Share your questions using the hashtag:

#weigelword

Look for us in The Record.

Follow us!



Buffalo State Health Promotions



BSCHealthPromotions



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Events & Programs

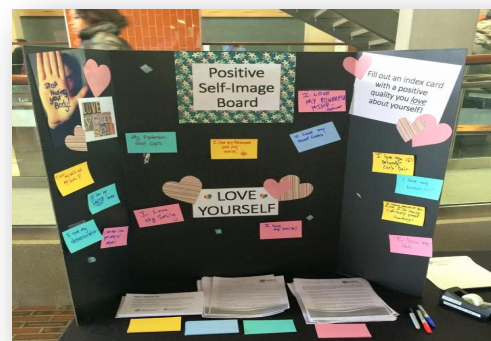
The following may be hosted by other campus departments. Please visit their webpages.

- **Mental Health Awareness Week.....March/6th-13th**
Mental Health Awareness Week gives students the opportunity to learn about mental health and show their support.
◇ Various Locations
- **Tobacco Free—Education Program.....March/11th**
The Tobacco-Free workshop focuses on the policy here at Buffalo State and gives attendees the chance to become a “Tobacco-Free Ambassador.”
◇ Ketchum 200 @ 3pm—4pm
- **Opiate Overdose Prevention Training.....March/12th**
The opiate program teaches attendees on preventing drug overdoses. All participants are provided a free kit.
◇ Ketchum 118 @ 8pm-9pm
- **Beyond Boundaries: Dare to be Diverse.....March/12th**
Beyond Boundaries is a film series featuring inspiring stories and discussions, this months film is *It Happened Here*.
◇ Burchfield Penny Art Center @ 7pm
- **I Love Consent-RHA: Loving Right.....March/18th**
The I Love Consent program educates students on consent.
◇ Student Union: Assembly Hall 2 @ 7:30pm
- **Tabling.....March/Mon—Thurs**
◇ Student Union Lobby @ 11:30am—1:30pm

Services at Weigel

- Food Pantry
- Addiction Specialist
- CPR
- Dietitian
- HIV Testing

For more information about these services call 878-6711 or check out our webpage! weigel.buffalostate.edu Click under the “Health Promotions”



“Positive Self Image” board featured at tabling, in Support of National Eating Disorders Awareness Week.



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Do Your Part

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