

The Promotional

Weigel Health Center Health Promotions

Porter Hall (Lower) • (716) 878-4719
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Peer Educator of the Month



Congratulations to Jared Renzi

Jared is a math major and new to our office this semester. He has already taken on many projects, is always smiling, and eager to learn. Jared is an excellent addition to our team!

Follow us!

- Buffalo State Health Promotions
- BSCHHealthPromotions
- BuffaloState_HealthPromotions
- BSCHHealthPromotions
- BSCHHealthPromo
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Events & Programs

The following may be hosted by or with other campus departments. Please visit their web pages. Follow us on social media for more events as they are scheduled!

- **Health Promotions Table.....Every Mon.-Thurs.**
Student Union Lobby, 11:00am-1:30pm
- **World AIDS Day (Wear Red!).....Tues. 12/1**
- **Porntopia (Planned Parenthood).....Tues. 12/1**
A media & literacy based sex education program about tools for discussing pornography and integrating it into other programming.
Bacon 117, 12:15-1:30pm
- **Therapy Dogs.....Thurs. 12/3**
Classroom B118, 10:00-11:00am
- **Health Promotions General Interest Meeting.....Fri. 12/4**
Porter Lower Conference Room, 12:00pm
- **99 Red Balloons.....Mon. 12/7**
Student Union Social Hall, 7:30-9:30pm
- **Relaxation Night (Free massages)Thurs. 12/10**
Campbell Student Union, 7:00-10:00pm
- **Health Promotions General Interest Meeting.....Mon. 12/14**
Porter Lower Conference Room, 12:00pm

HIV/AIDS: Did you know?

- ◇ Over 1.2 million people in the US alone are living with HIV
- ◇ Worldwide, over 35 million people are living with HIV
- ◇ 1 in 8 people with HIV are unaware of their condition and could unknowingly pass it to others
- ◇ You can greatly reduce your risk of contracting HIV by using condoms consistently and correctly
- ◇ The Weigel Health Center provides free HIV testing. The whole appointment is about 20 minutes and you get the results at the same visit.



Campus Events & Offices

Counseling Center

878-4436

Equity and Campus Diversity

878-6210

UPD/RAD

878-6333

Student Life/Commuters

878-4631

Chartwells

878-5657

USG—Bengal Connect



Services at Weigel

- Food Pantry
- Addiction Specialist
- CPR Training
- Dietitian
- HIV Testing

For more information about these services, call 878-6711 or check out our webpage:

weigel.buffalostate.edu



BUFFALO STATE
The State University of New York



Come to one of our general interest meetings this month to learn about opportunities to volunteer, intern, work, or share your ideas with Weigel Health Promotions. We're looking for students from **all majors** with experience in graphic design, workshops, web design, social media, event planning, office support, photography, videography and more!

Do Your Part

Iss. **7**

12 **15**

Watch for
#WellnessWednesday
on Social Media!