

# The Promotional

## Weigel Health Center Health Promotions

Porter Hall (Lower) • (716) 878-4719  
healthpromo@buffalostate.edu



### Peer Educator of the Month



### Congratulations to Ashley

Ashley is a social work intern who has been an incredible asset to the office. Ashley works on initiatives such as I ♥ Consent, safe sex and tobacco-free policy. We will miss her dearly when she graduates in May!

### Follow us!

- Buffalo State Health Promotions
- BSCHHealthPromotions
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- BSCHHealthPromotions
- BSCHHealthPromo
- weigel.buffalostate.edu



### Events & Programs

The following may be hosted by or with other campus departments. Please visit their web pages. Follow us on social media for more events as they are scheduled!

- **Health Promotions Table** ..... **Every Mon.-Thurs.**  
Student Union Lobby, 11:00am-1:30pm
- **Peer Educator Student Training** ..... **Mon. 4/4 & Thurs. 4/7**  
*Empower yourself to educate, confront, and support your peers*  
Butler 208, 6:00-7:30pm
- **Sexual Assault 101 w/ Crisis Services** ..... **Wed. 4/6**  
Bacon 115, 1:00-2:00pm
- **Call Your Girlfriend w/ Planned Parenthood** ..... **Mon. 4/11**  
Bacon 215, 5:00-6:00pm
- **Take Back the Night** ..... **Wed. 4/13**  
Rockwell Performing Arts Center, Doors Open at 6:30pm
- **Opiate/Heroin Overdose Prevention Workshop** .... **Mon. 4/18**  
*\*\*Participants will be provided a free Narcan kit following training*  
Ketchum 219, 5:00-6:30pm
- **Health Promotions General Interest Meeting** ..... **Thurs. 4/21**  
Porter Lower Conference Room (Orientation entrance), 12:00-1:00pm
- **Tobacco-Free Policy Educator Training** ..... **Fri. 4/22**  
*Celebrate Earth Day by becoming a Tobacco Free Ambassador!*  
Bacon 115, 11:00am-12:00pm
- **Walk A Mile In Her Shoes** ..... **Sun. 4/24**  
Crisis Services, 2969 Main Street, Registration @ 11:00am
- **Paws for Love Therapy Dogs** ..... **Mon. 4/25**  
Campbell Student Union Lobby, 5:00pm
- **Horizon Therapy Dog Workshop** ..... **Wed. 4/27**  
Ketchum 219, 5:00pm-6:00pm

## Sexual Assault Awareness Month

### Did you know?

- ◇ 1 in 2 women and 1 in 5 men have experienced some form of sexual violence in their lives
- ◇ 1 in 5 women are survivors of rape
- ◇ Approximately 4 out of 5 sexual assaults are committed by someone the victim knows
- ◇ 68% of sexual assaults are never reported to the police
- ◇ 1 in 3 women and 1 in 4 men will experience intimate partner violence in their lifetimes



### Campus Events & Offices

#### Counseling Center

878-4436

#### Equity & Campus Diversity

878-6210

#### UPD/RAD

878-6333

#### Student Life/Commuters

878-4631

#### Chartwells

878-5657

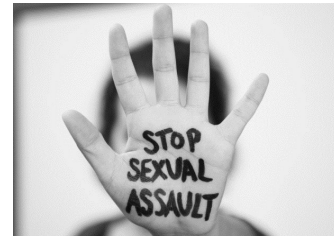
#### USG—Bengal Connect

### Services at Weigel

- Food Pantry
- Addiction Specialist
- CPR Training
- Dietitian
- HIV Testing

For more information about these services, call 878-6711 or check out our webpage:

[weigel.buffalostate.edu](http://weigel.buffalostate.edu)



Take Back the Night is Buffalo State's largest event to raise awareness about sexual assault and domestic violence. Join us April 13th to learn how you can stand up and fight back. It's on all of us to prevent sexual assault.

Sponsored by the FSA Grant, Equity & Campus Diversity, and Weigel Health Promotions.

Watch for  
**#WellnessWednesday**  
on Social Media!



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The State University of New York

# Do Your Part

Iss. 10

4 16