

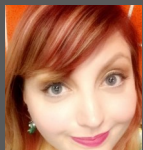
The Promotional

Weigel Health Center Health Promotions

Porter Hall (Lower) • (716) 878-4719
healthpromo@buffalostate.edu



Peer Educators of the Month



Congratulations Stephanie, Kirstin & Terri!

These are our social work interns! They have created bulletin boards, glass cases, workshops, events, programs and more. They have been a great addition to the office! We look forward to another exciting semester with them!

Did you know?

- ◇ Nearly half of the 20 million new sexually transmitted infections (STIs) diagnosed each year are among people aged 15–24 years.
- ◇ Baby oil and Petroleum Jelly can break down latex and other materials in condoms, making them less effective.
- ◇ The most reliable ways to avoid transmission of STIs and HIV, are to abstain from sexual activity or to be in a long-term mutually monogamous relationship with an uninfected partner.
- ◇ Sexually active females ages 25 and under should get tested every year for chlamydia. Left untreated, chlamydia can affect your ability to have children.



Campus Events & Offices

Counseling Center

878-4436

Equity & Campus Diversity

878-6210

UPD/RAD

878-6333

Student Life/Commuters

878-4631

Chartwells & Dietitian

878-5657

USG—Bengal Connect

Watch for
#WellnessWednesday
on Social Media!

Follow us!

- Buffalo State Health Promotions
- BSCHHealthPromotions
- BuffaloState_HealthPromotions
- BSCHHealthPromotions
- BSCHHealthPromo
- weigel.buffalostate.edu



Events & Programs

The following may be hosted by or with other campus departments. Please visit their web pages. Follow us on social media for more events as they are scheduled!

- **Health Promotions Table Every Mon.-Thurs.**
Student Union Lobby, 11:00am-1:30pm
- **Opiate/Heroin Overdose Training Wed. 2/8**
Participants will be provided with a FREE Narcan kit following training.
Bacon 117, 1:00pm
- **Porntopia with Planned Parenthood Wed. 2/15**
A media & literacy based sex education program discussing pornography and its potential implications on young adults.
Bacon 115, 1:00pm
- **Horizon Therapy Dog Workshop Wed. 2/22**
Learn about everything service & therapy animals do. Therapy dog present.
Bacon 117, 1:00pm
- **One Love: Escalation Mon. 2/27**
Short film followed by a discussion on dating violence.
Bacon 115, 12:00pm



Campus Resource: Sexual Assault and Domestic Violence Advocate with Crisis Services at Buffalo State College.

Jessica Zimpfer, LMSW works with students who have been affected by sexual assault, domestic, dating or family violence, and stalking, and helps to link them with both on and off campus resources. Jessica has worked as a social worker for nine years and enjoys supporting and empowering others. She is also a horror movie aficionado and loves to laugh. To contact Jessica, call (716) 704-2133 or email her at jzimpfer@crisisservices.org. You can also contact Crisis Services 24 hour hotline at (716) 834-3131.

Services at Weigel

- Physical Examinations
- Women's Health Exams
- Illness/Injury Treatment
- CPR Training
- Free Rapid HIV Testing

For more information about these services, call 878-6711 or check out our webpage: weigel.buffalostate.edu

Apply Now!

Weigel Health Promotions is always looking for new students! We seek to educate our campus community about all things health.

We welcome all students (Grad, Undergrad) from all majors (Health, Arts, STEM!) from all backgrounds and talents!



Getting involved with Health Promotions is a great way to meet people and get involved on campus.

Interested? Contact madrigpa@buffalostate.edu or stop by the basement of Porter Hall in 14A.



BUFFALO STATE
The State University of New York

Do Your Part

Iss. 16

1 17